

Monday	Tuesday	Wednesday	Thursday	Friday
	7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance & Mobility-Room 3/4 9:30 Stretch and Flex-East/West Room 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 1	8:00 Preventive Health 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:00 Talk: "Blood Pressure" -Dining Room 11:45 Lunch 12:30 Mexican Train Dominos-Room 10 12:45 Bingo 2	7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance & Mobility -Room 3-4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room A/B 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room 3	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 9:00 Legal Aid-by appointment 9:15 Movie: "The Unsinkable Molly Brown" 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:30 Podiatrist-by appointment 11:30 Lunch <div>Open 8:00 AM-1:00 PM</div> 4
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Adult Fitness-Room A/B 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing #3-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room 7	7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance & Mobility-Room 3/4 9:30 Stretch and Flex-East/West Room 9:30 Vision Classes-Room 10 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 8	8:00 Commodities-Room 5 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:45 Lunch 12:30 Bunco-Room 10-11 12:45 Bingo 9	7:30 Chess-Room 5 8:30 Safety Driving-Room 3-4 8:30 ESL-Room B 8:45 Balance & Mobility -Room 3-4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room A/B 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room 10	8:30 Tai Chi-E/W Room 8:30 Safety Driving-Room 3-4 9:00 Yarn Spinners-Room 1 9:15 Movie: "Valentine's Day" 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch 11
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Hi-Cap-by appointment 10:00 Commission on Aging 10:00 Adult Fitness-Room A/B 10:00 Mah Jongg-Room 10 11:45 Valenties Day Lunch-East/West room 12:15 Bridge-Room 10 12:30 Life Story Writing #4-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room 14	7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance & Mobility-Room 3/4 9:30 Stretch and Flex-East Room 10:00 Attorney-by appointment 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 15	8:00 Preventive Health 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:45 Lunch 12:30 Diabetes Support Group-Room 3-4 12:30 Mexican Train Dominos-Room 10 12:45 Bingo 16	7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance & Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East /West Room 17	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:15 Movie:"Like Dandelion Dust" 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:30 Lunch <div>Open 8:00 AM-1:00 PM</div> 18
<div>CLOSED</div> <div>PRESIDENT'S DAY</div> 21	7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance & Mobility-Room 3/4 9:30 Stretch and Flex-East Room 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 22	8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 11:45 Lunch 12:30 Bunco-Room 10-11 12:45 Bingo 23	7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance & Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Birthday Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East /West Room 24	8:30 Tai Chi-E/W Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "Invictus" 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch 25
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Healthy Living Support Group-Room 10 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing #5-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room 28	<div>    </div>			